



Pocock Youth Rowing
3320 Fuhrman Ave E
Seattle, WA 98102

Job Description: Assistant Coach (various), Pocock Youth Rowing Team

The Pocock Youth Rowing program is seeking qualified candidates to fill a variety of assistant coach positions in our Middle School, Learn to Row, and High School squads. These positions are seasonal part-time positions that are designed to offer flexible hours for those balancing other jobs. Our practices take place on weekday afternoons and Saturday mornings. Coaching hours can range from 5 hours per week up to 14 depending on individual availability. Additional weekend hours may be available for regattas and other team events. The hourly wage range for this position is \$18 - \$25, dependent on qualifications.

General Practice Schedule (will vary depending on squad)

- Monday - Friday 4:15-6:30pm
- Saturday 8:45-11:15am
- Additional planning, meeting, and training hours as scheduled by Head Coach
- Seasons: September - December, January - February, March - early June

Professional Responsibilities

- Ensure the safety and security of participants and guests at the Pocock Rowing Center.
- Abide by policies laid out in the Pocock Youth Rowing Safety Manual, Coaching Manual, Employee Guide and Member Handbook.
- Attend team practices, regattas, and staff meetings as agreed upon with supervisor.
- Support and promote all GPRF policies, procedures and activities.
- Communicate with your team, fellow staff and supervisor on a regular basis about items relating to safety, athlete development, facility and equipment use and other pertinent topics.

Instructional Responsibilities

- Provide high quality teaching in the technical, physiological, and mental aspects of athletic development in the sport of rowing.
- Provide constructive feedback and motivation to rowers during practice in a positive environment.
- Maintain discipline with regard to GPRF policies as well as team-centric standards.

Environmental Responsibilities

- Create a positive learning experience that encourages athletes exploring new challenges.
- Cultivate and contribute to a positive, welcoming boathouse culture and community.
- Build trust with athletes in order to further their development in the sport.
- Advance program growth and ensure athlete retention.
- Build and support effective relationships within the Pocock community.

Specific Role: Assistant Coach, Youth Programs

- Develop athletes and coach crews at the direction of the Head Coach.
- Function as a resource for the athletes, complementary to the Head Coach.
- Execute practice plans as decided upon by the Head Coach.
- Support the Head Coach's initiatives, creation of team culture and performance.

*The Pocock Rowing Center is part of the George Pocock Rowing Foundation (GPRF).
The GPRF is a 501(c)(3) nonprofit corporation.*



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- Support the Head Coach's administrative tasks, such as roster management, tracking of attendance and athletic results.
- Take responsibility for selecting and preparing assigned boats for competition at the direction of the Head Coach.

Required Qualifications

- Experience managing groups of young adults, whether in rowing or other activities
- Familiarity with sculling and sweep technique
- Ability to communicate professionally and effectively with all constituencies
- Strong time management and organizational skills
- Comfort using online platforms for communication and organization
- Knowledge of basic rigging and equipment troubleshooting
- CPR/FA certification (can be obtained prior to first day of work)
- Washington state boater's license (can be obtained prior to first day of work)
- SafeSport certification

Preferred Qualifications

- Previous rowing and/or coaching experience
- Familiarity with long-term athlete development philosophies and practices
- Previous experience with physical training education and/or coaching

Interested applicants should send their resume to Helen Tilghman at helen@pocockrowingcenter.org.